

## Lap Band Target

### Lap Band Target

In reviewing the Lap Band Overview, individuals will see that the intended target of weight loss is from one to three pounds a week. Adjustments to the band, which are performed during simple outpatient visits to the doctor's office, are decided by the patient's weight loss, the amount of food that can be comfortably consumed, and other issues involving the patient's health. The end result for patients is that they discover an earlier sensation of fullness and are very satisfied with smaller amounts of food.